

## **AIAS In-Between Workshop from 9<sup>th</sup> to 15<sup>th</sup> of May 2013**

Organized by the E. Geppert Academy of Art. and Design

### **BIO-FEEDBACK**

**BIOfeedback** – means delivering information to someone. The information refers to the condition of organism, a kind of current natural state of the body. In our project we want to interpret the idea more widely – as getting an impulse from nature and transforming it. The idea of the workshop refers to the relation between nature/the human/the digital.

BIOfeedback workshop will be divided into two parts.

The first part of the workshop will take place outside of the city in the village of Luboradow (an art centre belonging to the Academy about 50 km far from Wroclaw). The place is typical for Polish countryside, close to nature (wood, lakes, meadows).

The second part is planned in Wroclaw. The idea of the workshop is to create works (installations, objects, etc) in Luboradow using natural materials and artefacts that one can discover in the surroundings. Then - make documentation (pictures, movies, audio, etc) or if possible, transport the works to Wroclaw and then - work with the materials using electronic equipment and programs - new media in brief.

The dates of the workshop coincide with the WRO Biennial which features a wide range of events and activities in a variety of formats and venues, presenting an overview of current media art, along with educational and archival programs. The participants can take the opportunity to stay longer to take part in some of the events (more: <http://www.wrocenter.pl/en/biennale-wro/szczegolowe-informacje/> )

### **Brief-preliminary programme of the workshop:**

09.05 - arrival in Wroclaw

afternoon - lecture at Academy

welcoming meeting

departure to Luboradow

10.05- 12.05 - workshop in Luboradow

13.05 /morning - departure to Wroclaw

13.05-15.05 - workshop in Wroclaw at Academy

15.05 - exhibition preparation and presentation of workshop effects at Academy. Farewell meeting

16.05 - departure.

„**Biofeedback** is the process of gaining greater awareness of many physiological functions primarily using instruments that provide information on the activity of those same systems, with a goal of being able to manipulate them at will. Some of the processes that can be controlled include brainwaves, muscle tone, skin conductance, heart rate and pain perception.

Biofeedback may be used to improve health, performance, and the physiological changes which often occur in conjunction with changes to thoughts, emotions, and behavior. Eventually, these changes may be maintained without the use of extra equipment, even though no equipment is necessarily required to practice biofeedback.” Wikipedia

Deadline for applications: April 5th

Materials: basic

Transportation covered by the participants

Number of participants: 10

Equipment: like cameras, photo cameras will be provided but in limited number